

December 2018



Fairhope Unitarian Fellowship

www/fairhopeuu.org

A Member of the Unitarian Universalist Association



Dec 2 KATE REALI, LUCY MERCER, AND BRISA ABLES: Generation Z: Voting for the First Time

Other Generation Z woman voters include Linda Ables (2021) and Sophia Mercer (2024). Highlighting one hundred years of women voting, from the suffragettes to the first time voting experience, this presentation will include our Generation Z teen fellowship members as they express what it means to vote in 2018. Lucy, a recent high school graduate who turned eighteen in October and voted for the first time, was the recipient of the first Scholarship for the Fairhope Unitarian Fellowship Student Accepted at a College or University. Brisa is a senior at Fairhope High School and a committed political activist for progressive causes. Linda is a sophomore at FHS, has a black belt in Taewondo, and hopes to pursue a career in criminal justice. Sophia is an 11th grade student at Daphne High School in the International Baccalaureate Program and volunteers as a veterinarian assistant. Kate is an accomplished photographer, the FUF Teens Group advisor, and the mother of these three Mercers as well as a son, Aidan.

Introducer: Lucy Mercer

Dec 9 Keith Ward, FUF Board Chair: ANNUAL MEETING



Dec 16 MAGGIE CUNNINGHAM: Yoga: Above and Beyond the Mat

FUF member, Maggie Cunningham will answer the very broad question “What is yoga?” by exploring its history, different types, benefits, and the ‘eight limbs of yoga as put forth in “The Yoga Sutras” of Patanjali, a roadmap of how to live in peace and equanimity even in today’s hectic world. Along with her yoga training, Maggie has a number of group exercise certifications specific to seniors, two of which are personal trainer and group exercise leader with the Functional Aging Institute. Her current passion is sharing her enthusiasm and training to help keep those of us who are in our “golden years” active and functionally fit.

Introducer: Diana Gardiner

Dec 23 HELEN GARRETT: A Fairhope Christmas in 1952

After a Christmas sing-a-long with the congregation and Heather Nutting and Pinky Bass at the piano, Helen Garrett will tell her Christmas story. Having grown up in Fairhope and later lived in Huntville, she and her husband came back to Fairhope to retire. She enjoys life here by playing the dulcimer with a folk music group and singing with the Eastern Shore Choral Society. A member of the Fairhope Unitarian Fellowship, Helen sings in the FUF choir and with the popular FUF group, Back Porch Folk Singers. And she lovingly plans the music for all of our programs.

Introducer: Pinky Bass

Dec 30 MICHAEL HEALY: The World’s Largest Herbicide: Should You be Concerned?

Traces of Glyphosate (trade name: Roundup) herbicide have recently been reported to be found in various processed foods such as breakfast cereals, snack foods, and beer. Dr. Healy will explore important questions that have emerged about this chemical since its introduction in the early seventies. A plant scientist with a B.S. in horticulture and an M.S. and a Ph.D. in plant pathology, he has worked in pesticide research for twenty-five plus years. He presently conducts plant injury mystery investigations privately as an expert witness in court cases.

Introducer: Ray Ables

SUNDAY SERVICE 11:00 AM

MUSIC PRELUDE BEGINS 10:45 AM

All visitors are warmly invited to participate as our guests.

Fairhope Unitarian Fellowship welcomes and embraces people of any age, race, gender identity or expression, sexual orientation, socioeconomic status, ability, language, or cultural background.

TED discussion group 9:30 am Current Events discussion group 10:15 am

Children’s Fellowship 11:00 am

Youth Fellowship 10:00 am (Meets every other week, December 2, 16, 30)

Last Sunday of the Month Potluck: Bring a dish and join us for fellowship and conversation. December 30, 12:15 pm

1150 Fairhope Ave., Fairhope, AL 36532. Tel. 251-929-3207

www/fairhopeuu.org

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Saturday Evening Programs* December, 2018

Dec 1 Jesus for Unitarian Universalists Start time @ 6:00 p.m.

Reverend Doak Mansfield, UU Church of Tampa, FL

<http://www.firstusandiego.org/gather-the-spirit-by-rev-ian-w-riddell>

Approaching the season of Christmas seems like a good time to consider what role, if any, Jesus has in our Unitarian Universalist religion today. Rev. Mansfield suggests that Jesus for Unitarian Universalists is not a savior, not a messiah, not a magic man, not a guru; he's a model, he's a statement, he's a message that says that in the best of our idealism there's promise because we can discern and make choices. We can live in fairness, compassion and hope.

Resume Start time @ 5:00 p.m.

Dec. 8 Gather the Spirit

Rev. Ian W. Riddell, First Unitarian Universalist Church of San Diego

Our first principle reminds us that we are committed to see each of our neighbors as worthy of love and born with dignity. There is a proposed 8th UU principle. Hear about how our community would be different by more fully embracing this principle?

Dec. 15 The Power of Meditation

Nina Nimit

Dr. Nimit is a certified Mindfulness and Meditation Trainer from the World Peace Institute who wishes to spread the knowledge of meditation and inner peace throughout the community. Nina is a graduate of Alabama South University Medical School (ASU) and is a Child and Adolescent Psychiatry Fellow with ASU.

Dec. 22. Celebrating the Holiday with Music and a Dickens Presentation

Andrea Cherry and other musicians

Irene Wegner - Dickens presentation

Dec.29. Winter Gardening for the Soul: Acknowledging the Winter Solstice and New Year.

Intern Minister Pippin Whitaker, UU Congregation of Fairfax, Nova Scotia.

Packing for a trip is a metaphor for how to care for the "soul" or core nature as we move into the next year. How do we want to feel and what do we want to leave behind?

*A conventional UU Service with prelude, chalice lighting, a reading, meditation and inspiring music from the UU hymnal, followed by a video presentation of a thought-provoking sermon by a UU minister on topics such as compassion, kindness, love, atonement, life purpose, beauty, spirituality, UU history, and theology. A closing UU hymn precedes extinguishing the chalice.

MONTHLY FELLOWSHIP BUSINESS

HIGHLIGHTS

November Board Meeting

Saturday, November 10

- Voted to change the property/liability insurance to drop wind and hail coverage, saving \$6,200 per year.
- Decided that Harvey Joanning and Dana Roberts will present the results of the questionnaire at the annual meeting on December 9 with time allowed for discussion. The results will be sent to the membership by email before the annual meeting.
- Approved the budget for 2019, as proposed by the Finance Committee.
 - Changed the time of art receptions to 2:30-4:30.

Submitted by Recording Secretary, Sheena Patrick



Financial Summary

AGENDA

December Board Meeting

Saturday, Dec 8, 1:00 p.m.

1. Approve November Board meeting minutes
2. Treasurer's Report
3. OLD BUSINESS
 - A. Discussion re October membership survey
 - B. A Frame Sign Options
4. NEW BUSINESS
 - A. Publicity Committee
 - B. Membership Committee
 - C. Welcoming Committee
 - D. Building Committee
 - E. Program Committee
 - F. Education Committee
 - G. Evening Program

To add agenda items, please promptly notify Keith Ward or Ray Ables. Board meetings are open to all friends and members.

Submitted by Keith Ward, Chair

| | September | Actual YTD | Budgeted YTD | Surplus/ (Deficit) |
|--|--------------|----------------|-----------------|-----------------------|
| Support and Revenue | | | | |
| Contributions | 2,992 | 27,711 | 37,500 | (9,789) |
| Other Revenue | 579 | 3,617 | 5,531 | (1,914) |
| Total Support and Revenue | 3,571 | 31,328 | 43,031 | (11,703) |
| Expenses | | | | |
| Building | 2,005 | 20,933 | 27,863 | 6,930 |
| Committees | 917 | 8,838 | 12,637 | 3,799 |
| Donations | 450 | 3,475 | 2,531 | (944) |
| Total Expenses | 3,372 | 33,246 | 43,031 | 9,785 |
| Net Operating Increase/(Decrease) | 199 | (1,918) | 0 | (1,918) |

AGENDA

2018 FUF ANNUAL MEETING



I. Approval of 2017 Annual Meeting minutes

II. Annual 2018 Treasurer's Report,— Pat Smith

III. New Business

A. Report of the Nominating Committee

(Members: Harvey Joanning, Pat Smith, Diana Gardiner)

Nominees:

Fellowship President, Carl Couret
Board Chair, Donna Orchard

Vice President, Dana Roberts
Vice President, Programs, Ray Ables

Corresponding Secretary, Pat Cassady
Recording Secretary, Melita Willki

Treasurer, Kay Seymour

According to the FUF bylaws:

1. "The committee shall nominate at least one qualified person willing to serve for each office to be filled in the succeeding annual meeting."

2. "Nominations may be made from the floor at the time of the election, but intent to do so and consent of those to be nominated shall be made known to the presiding officer at least one week prior to the election so that a secret ballot may be arranged for positions for which two or more persons shall have been nominated."

B. Proposed FUF budget for 2019 – Pat Smith

C. Items from the floor

Fairhope Unitarian Fellowship
1150 Fairhope Avenue, Fairhope Alabama 36532
251-929-3207
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SOCIAL ACTION COMMITTEE

Donations for December

This month we are asking for non-perishable food items to be donated to Ecumenical Ministries Food Bank. Food is needed more than ever to replenish the pantry after the holidays and to help families to feed their children while school is not in session.

Guest At Your Table

We will be participating in Guest at Your Table again this year. Be on the lookout for the donation boxes in the lobby at the Fellowship.

Another Donation Suggestion

During one of our Sunday readings after the murders of eleven people at the Tree of Life Synagogue in Pittsburgh, PA, the charity HIAS was mentioned as an organization to which people might want to make a donation. HIAS is a Jewish American nonprofit organization that provides humanitarian aid and assistance to refugees of all religions and ethnic groups. Their address is: 1300 Spring St. Suite 500, Silver Spring, MD 20910

Submitted by Mary Mathews

UPCOMING EVENT

Lunch and a Movie

The new movie, *The Green Book*, produced last November in New Orleans, will begin showing in this area next week. Sean Porter, son-in-law of Donald and Melinda Hicks was the lead cinematographer. Join us for lunch and the movie on Tuesday, Dec. 4th. We will meet in Mobile and have lunch at 12:15 and then view the movie at the Crescent Theater at 2pm. Tickets for the movie can be purchased on-line at crescenttheater.com or at the door. Lunch venue will be decided once the number of attendees has been established. Please **sign up by December 2nd** on the sheet in the lobby if you wish to attend.

Movie description: An Italian-American bouncer and an African-American pianist confront racism and danger while taking a road trip through the Deep South in 1962. When Tony Lip (Mortensen), a bouncer from an Italian-American neighborhood in the Bronx, is hired to drive Dr. Don Shirley (Ali), a world-class Black pianist, on a concert tour from Manhattan to the Deep South, they must rely on "The Green Book" to guide them to the few establishments that were then safe for African-Americans. Confronted with racism and danger--as well as unexpected humanity and humor--they are forced to set aside differences to survive and thrive on the journey of a lifetime.

Submitted by Melinda Hicks

FROM FUF MEMBERS

From Ruth Geraci

If you are proud of this Fellowship,
become its advocate.

If you are concerned for its future,
share its message.

If its values resonate deep within you,
give it a measure of your devotion.

This Fellowship cannot survive without
your faith,
your confidence,
your enthusiasm.
Its destiny, the larger hope,
rests in your hands.

*Thanks to Rev. Dr. Michael A. Schuler, parish minister, First Unitarian Society, Madison Wisconsin,
and the author of Making the Good Life Last: Four Keys to Sustainable Living.*

From Ray Ables

I wanted to share this website for Interfaith Voices that Paul Bivins brought to my attention, which I hope you might check out. It's aired on Sundays at 6:00 AM on APR, but you can hear the shows on the website too.

The show I listened to was primarily geared towards college students and educators and the challenges they face while trying to facilitate such conversations. It also mentioned the importance of bringing atheist/agnostic/secular humanists to the table and including people with pluralistic traditions.

I know UUs are well ahead of the curve with regard to tolerance of people with different views, but the show was nonetheless thought provoking and encouraging. Check it out if you can!

<http://interfaithradio.org>

MARK YOUR CALENDAR

Regularly Scheduled Events

Sundays

9:30–10:45 TED Discussion Group (Please be on time)
10:00 Youth Fellowship (every other week, Dec 7, 21)
10:15 Current Events Discussion Group
10:45 Pre-program Music
11:00 Sunday Service
11:00 Children's Fellowship
2nd Sunday: Environmental Action Committee, 12:20
3rd Sunday: Social Action Committee, 12:20
Last Sunday of every month: Pot Luck Lunch, 12:15

Tuesdays

3:30 – 4:30 Choir Practice

Wednesdays

3:00 – 4:30 Back Porch Folk Singers Practice
5:00 – Weekly Bulletin Deadline
6:00 – 7:00 Functional Lifestyle Yoga (Except Dec 5)

Saturdays

4:45 – 6:00 Saturday Evening Program

Other Events

Sat, Dec 8: FUF Board meeting, 1:00 pm **NEWSLETTER**
Game night, 6:30 pm

Sun, Dec 9: FUF Annual Meeting
Environmental Action
Com. 12:20



Thu, Dec 13: Non-Fiction Book Grp, 9:30 am

Sun, Dec 16: Social Action Committee, 12:20 pm

→ **Tues, Dec 17: Jan Newsletter deadline, 5:00 pm**

Sat, Dec 22: Game night, 6:30 pm

Thu, Dec 27: Non-Fiction Book Group, 9:30 am

Sun, Dec 30: Pot Luck Lunch, 12:15

SUNDAY BULLETIN DEADLINE

Wednesday at 5:00 pm is the deadline for information to be included in the weekly bulletin. Submit to Mary Matthews.

Submit calendar events or articles specific to the Fairhope Unitarian Fellowship by the date noted in the newsletter calendar section. For events, please include all pertinent information. Members and Friends are invited to submit poems, quotations or other brief words of wisdom to be published as space allows.

Provide written copy or email,

“FUF Newsletter” Subject In, to Janef09@gmail.com)

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