



November 2017

Fairhope Unitarian Fellowship

www/fairhopeuu.org

A Member of the Unitarian Universalist Association

Nov 5 RITA BROWN: Autism Spectrum Disorders: Diagnosis and Treatment

Rita Brown will focus on the characteristics and sensory difficulties of children within the autism spectrum, including children with ADHD. She will discuss ways to interact with autistic children to increase verbal and social skills and different activities such as dance that advance communication. Brown is a Licensed Professional Counselor and Registered Dance/Movement Therapist with 18 years of experience working with special needs kids. She received her B.A. in Dance and Psychology from the University of Alabama and her M.S. from Columbia College in Chicago. She currently works with AltaPointe Health Systems in Mobile, where she provides group, individual and family therapy to children and adolescents with intellectual disability and mental illness.

Introducer: Vivian Gooding

Nov 12 JULE MOON, GLENDA SLATER, PT PAUL SAMPSON, SATCH SAMPSON, & ROSANNE GULISANO: A Panel of Penster Poets

These published poets of long standing will delight us with a diversity of poems reflecting their experiences and search for deeper truths. **P.T. Paul Sampson** was Alabama State Poetry Society's Poet of the Year in 2014 among other numerous poetry awards. She has written "To Live and Write in Dixie," as well as many essays and short stories. **Satch Sampson** is also an accomplished poet, and is president of the Pensters. **Glenda Slater** is the 2014 winner of the Alabama Writer's Conclave, for the juvenile fiction, "The Pickle Bomb Tree." **Rosanne Gulisano** is author of "Life Stories: Creating a Memoir" and co-author of "Letting Go: Holding the Family Together through Mental Illness." Unitarian Fellowship member **Jule Moon** has authored numerous poems and short stories, some of which appear in "Fairhope Anthology: A Collected Works by the Fairhope Writers' Group". She has also published her memoir, "Shards."

Introducer: Michael Patrick

Nov 19 MICHAEL PATRICK: A Brief History of Prejudice: A Discussion

Michael Patrick will discuss prejudice from Cain and Abel to Charlottesville. Dr. Michael Patrick is a former Fairhope UU President and an Associate Professor Emeritus of Literature and Folklore at the University of Missouri. He has authored a number of books, including "The Story of the Orphan Trains" and "The Black West."

Introducer: Robin Fabel

Nov 26 DONNA ARMSTRONG & COURTNEY BRADLEY: Human Trafficking Awareness

Armstrong and Bradley, of faith-based Hope Haven, will define human trafficking and try to clear up many misconceptions about it. They will review the serious issue of human trafficking in the U.S. and in our area. They will also explain what you should look for and how you can help. **Donna Armstrong**, Executive Director of Hope Haven in Summerdale, Alabama, has a degree in education and 25 years of experience in business management including owning her own business. **Courtney Bradley** is a resident Case Manager for Hope Haven and also works as a State Farm Insurance Agent here in Fairhope.

Introducer: Elaine Snyder Conn

SUNDAY SERVICE 11:00 AM

MUSIC PRELUDE BEGINS 10:45 AM

All visitors are warmly invited to participate as our guests.

Fairhope Unitarian Fellowship welcomes and embraces people of any age, race, gender identity or expression, sexual orientation, socioeconomic status, ability, language, or cultural background.

TED discussion group 9:45 am. Current Events discussion group 10:15 am

Teens' Fellowship 10:00 – 11:00 am. Children's Fellowship 11:00 – 12:00 pm

November 26: Last Sunday of the Month Potluck: Bring a dish and join us for fellowship and conversation.

1150 Fairhope Ave., Fairhope, AL 36532. Tel. 251-929-3207

MONTHLY FELLOWSHIP BUSINESS

HIGHLIGHTS of Board Meeting

October 2017

- Contributions are behind, but expenses have been low, so we still are showing a positive balance.
- The Nominating Committee for next year's officers are Michael Patrick, Juanie Noland, Harvey Joanning, and Ruth Geraci. Contact one of them if you are interested in serving or have any suggestions.
- Phil Striniste discussed various ways of providing more light on the parking lot.
- The Board approved installing LED lights to stay on at all times on the portico.
- The FUF Annual Meeting will be December 10.
- A committee will be formed to administer the newly approved FUF college scholarship program. Rodney Hoffman, Donna Orchard, Prad Mathur, Michael Patrick, Elaine Snyder-Conn, and Harvey Switzky were suggested as members.

Submitted by Lynne Switzky

AGENDA November Board Meeting

Saturday, November 11, 2017, 1:00 p.m.

1. Approve October 2017 Board Meeting Minutes
2. Treasurer's Report
3. OLD BUSINESS
 - A. Nominating Committee
 - B. Education Chair
 - C. Spiritual Enrichment Committee
 - D. Scholarship Committee
4. NEW BUSINESS
 - A. Building Committee Report
 - B. Program Committee Report

To add agenda items, please promptly notify Rodney Hoffman or Ray Ables. Board meetings are open to all friends and members.

Submitted by Ray Ables, Chair

Member Input Needed



The FUF Board would like to have member comments and suggestions for (or against) putting a permanent notification-of-events sign in front of the building. Please share your ideas with any member of the Board or email to janef09@gmail.com.

Financial Summary

September, 2017

	September	Actual YTD	Budgeted YTD	Surplus/ (Deficit)
Support and Revenue				
Contributions	3,702	34,668	36,281	(1,613)
Other Revenue	669	4,796	6,750	(1,954)
Total Support and Revenue	4,371	39,464	43,031	(3,567)
Expenses				
Building	1,867	25,695	27,900	2,205
Committees	384	8,594	12,600	4,006
Donations	0	1,952	2,531	579
Total Expenses	2,251	36,241	43,031	6,790
Net Operating Increase/(Decrease)	2,120	3,223	0	3,223

UPCOMING EVENTS



THANKSGIVING DINNER AT THE FELLOWSHIP

Thursday, November 23, 2017

- We will meet at 1:00 for a social hour and plan to eat dinner at 2:00. This will allow people who cannot drive at night to attend the dinner, and will give us more time after dinner to socialize, take a walk, play games, or just hang out.
- We will be using disposables where possible to make cleanup easier.

As in the past, we ask that:

- Each person will bring one dish, enough to share. Couples should bring two dishes.
- One extra guest is welcome if you let us know in advance. If your whole family is in town, please make other arrangements.
- All food brought in must be ready to serve. We have hot plates, but limited oven space.
- Turkey or ham must be carved at home as there is limited space in the kitchen.
- There are plenty of jobs to be done to make this a success. Please sign up for one.

If you have any questions, please contact Pam Perkins, 251-243-0028 or perkinsp947@gmail.com

Submitted by Pam Perkins, Chair



GROUP TOUR OF WATER/WAYS EXHIBITION

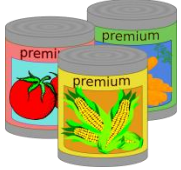
DECEMBER 7TH, 1:30

The Smithsonian Institution will be bringing the Water/Ways exhibition to Five Rivers this fall. Shown in six cities in Alabama this year, the exhibition dives into water, an essential component of life, environmentally, culturally and historically. There will also be an exhibit of local artists' interpretations of water in our local area.

Very excited about this free opportunity, Art Committee Chair Melinda Hicks has arranged for a group tour for FUF members and friends on December 7th at 1:30. She proposes lunch at Félix's on the Causeway at 11:30 beforehand. As a headcount for both the exhibit and lunch reservation will be needed, there will be a sign up sheet on the bulletin board in the lobby. See Melinda with questions.

Submitted by Melinda Hicks, Chair

SOCIAL ACTION COMMITTEE



The Social Action Committee will be collecting food items in November and December for holiday meals.

We will also begin distributing collection boxes in late November for Guest at Your Table (GAYT). The contributions collected through Guest at Your Table are sent to the Unitarian Universalist Service Committee (UUSC) to support human rights work around the world.



A member of FUF has agreed to match donations to GAYT up to \$500 as a contribution to the Nursing Scholarship at Coastal Alabama Community College.

Committee Members

Harvey Switzky, Chair
Brisa Ables
Kathleen Fendelman

Angela Flowers
Vivian Gooding
Serena Low

Mary Matthews
Jeanine Normand
Marge Pearson

Eloise Rogers
Freya Sonenstein
Sharon Spielmann

Submitted by Harvey Switzky, Chair

CARING & CONCERNS COMMITTEE

Please let one of us know if you are ill or hospitalized, or if you know any members or friends who are.

Committee Members:

Sheena Patrick, chairperson	990-8203
Pat Cassady	753-4171
Helen Garrett	377-6358
Gail Gardner	928-3041
Irene Wegner	517-7248
Lynne Switsky	644-5882
Harvey Switsky	644-5882
Nathell Dian	945-5579
Midge Butler	621-2090
Margaret Gall	610-889-0244

Submitted by Sheena Patrick, Chair

We are afraid to care
too much, for fear
that the other person
doesn't care at all.

- Eleanor Roosevelt -

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FUF ACTIVITY DETAILS



SUNDAY TED DISCUSSION

The "TED Talk Discussion Group" meets every Sunday morning at 9:45 sharp in the room adjacent to the Children's classroom. Often moderated, the group chooses among several suggested TED Talks and other short videos on a wide variety of topics. After the group watches the video, an interesting discussion follows. All ideas are welcome.

WEDNESDAY MORNING COFFEE PLUS

Every Wednesday morning, people gather at 10:00 and enjoy coffee and conversation until 11:30. Some bring craft projects and others just come for the pleasure of getting together. There's no need to sign up...just show up. Everyone is welcome!



MEDITATION/DISCUSSION

The FUF Board has approved a new weekly event of meditation, presentation, and discussion proposed by Andrea Cherry. It is held on Wednesday afternoons from 4:30 to 5:45 in the Ted Talk room.



FUNCTIONAL LIFESTYLE YOGA CLASS

FLY meets at 6:00 pm every Wednesday except the first one of the month. Specifically tailored toward "functional fitness", this class also incorporates principles of yoga. "Functional fitness" refers to the ability to maintain independence and reduce risk of injury or accident due to diminished or dysfunctional physical capabilities of the activities performed for daily living. The class will be designed around the fitness levels of the participants and all are welcome. (Please bring a yoga mat and towel.) Besides her yoga certifications with AFAA, FiTour and YogaFit, leader, Maggie Cunningham holds a certificate with IDEA Health & Fitness Association for "Exercises and Functional Training for Older Adults". Additionally, she is working toward her status as "Functional Aging Specialist" with the Foundation for Aging Institute. There is no charge but donations will be accepted gratefully to help cover the cost of opening the facility during these hours.

MARK YOUR CALENDAR

Regularly Scheduled Events

Sundays

9:45–10:45 TED Discussion Group (Please be on time)
10:00 – 11:00 Teens Fellowship
10:15 Current Events Discussion Group
10:45 Pre-program Music
11:00 Sunday Program
11:00 Children's Fellowship
2nd Sunday: Environmental Action Committee, 12:20
3rd Sunday: Social Action Committee, 12:20
Last Sunday of every month: Pot Luck Lunch, noon.

Tuesdays

3:30 – 4:30 Choir Practice

Wednesdays

10:00 – 11:30 UU Coffee Plus
3:00 – 4:30 Back Porch Folk Singers Practice
4:30 – 5:45 Meditation/ Discussion
5:00 Weekly Bulletin Deadline
6:00 – 7:00 Functional Lifestyle Yoga (Except Nov 1)

Saturdays

5:00 – 6:00 Spirit Enrichment Group

Other Events

Thu, Nov 9: Nonfiction Book Group, 9:30 am

Sat, Nov 11: FUF Board meeting, 1:00 pm
Game night, 6:30 pm

Sun, Nov 12: Environmental Act. Committee, 12:20 pm

Sun, Nov 19: Social Action Committee, 12:20 pm

Mon, Nov 18: December Newsletter deadline, 5:00 pm

Thu, Nov 23: Thanksgiving Social Hour 1:00 pm
Thanksgiving Dinner 2:00 pm

Sat, Nov 25: Game night, 6:30 pm

SUNDAY BULLETIN DEADLINE

Wednesday at 5:00 pm is the deadline for information to be included in the weekly bulletin. Submit to Mary Matthews.

NEWSLETTER

Submit calendar events or articles specific to the Fairhope Unitarian Fellowship by the date noted in the newsletter calendar section. For events, please include all pertinent information. Members and Friends are invited to submit poems, quotations or other brief words of wisdom to be published as space allows.

Provide written copy or email,

"FUF Newsletter" Subject ln, to Janef09@gmail.com

EDITOR/PUBLISHER: JANE FINGER