



May 2017

Fairhope Unitarian Fellowship

www/fairhopeuu.org

A Member of the Unitarian Universalist Association

May 7 GREGORY WASELKOV: **Native American Religion in the Pre-Colonial and Colonial Southeast**

When Europeans colonized Southeastern North America in the 16th to 19th centuries, they encountered American Indians who practiced ancient and complex religions. Modern-day descendant Native Americans, ethnographers, historians, and archaeologists are now actively rediscovering the meanings of many long-forgotten religious symbols. Holding MA and PHD degrees in anthropology from the University of North Carolina-Chapel Hill, Dr. Waselkov has taught at the University of South Alabama since 1988. While at USA he also developed the on-campus Archaeology Museum and directed some 1100 local projects as director of the Center for Archaeological Studies. He has published on shell middens, Indian maps, the naturalist William Bartram, and French colonial America.

Introduction by: **Diana Gardiner**

May 14 FREYA LUND SONENSTEIN: **Family Planning in the US: Public Policy, Private Decisions**

Beginning with the birth of the pill, Dr. Sonenstein will discuss the motivation for the federal policy commitment to contraceptive access for both women and men since that time. She then will examine current patterns of public support, access and utilization, highlighting programs that include Title X, Medicaid and the Affordable Care Act. A professor emeritus at the Johns Hopkins Bloomberg School of Public Health, she directed until 2013 the Center for Adolescent Health, a Prevention Research Center funded by the CDC. Under her leadership the Center focused on projects in Baltimore related to improving mental health, employment and educational outcomes for out-of-school youth and published "Explaining the Teen Years: A Guide to Healthy Adolescent Development," which translates recent scientific evidence for parents and program providers. Freya, a Mobile native, and husband, Bert, are retired in Fairhope and FUF members.

Introduction by **Bert Sonenstein**

May 21 PINKY BASS: **Art and Politics: A View of Ai Weiwei at Alcatraz**

FUF member Pinky Bass reminds us that many artists use their work to deal with political issues. Ai Weiwei is perhaps the best-known and most successful contemporary artist in China. In 2014 Pinky was privileged to view his exhibition exploring human rights and freedom of expression which was displayed at Alcatraz. Having grown up in Knoxville and graduated from Agnes Scott College with a major in Bible, at fifty Pinky entered graduate school for an MFA in photography and moved back into the old family home in Fairhope, where she had lived with her grandmother during WWII. Her innovative photography is not only admired by FUF members and the Alabama artistic community, but it is also recognized nationally. One of her most innovative pieces is included in the Mobile Museum of Art's current exhibit, Contemporary Alabama Photography.

Introduction by **Jean Lawrence**

May 28 RICHARD M. WHITEHURST, JR: **Opioid Abuse and its Impact on the Newborn Child**

Opioid use and abuse has drastically increased since the 1990s in the United States, particularly in Alabama. Dr. Whitehurst will describe the profound effects on the newborn infant soon after birth when opioids were used to treat chronic pain in the mother or the mother has an opioid addiction. Dr. Whitehurst, a neonatologist and Professor of Pediatrics and Assistant Professor of Pharmacology at The University of South Alabama, has practiced neonatology at the University of South Alabama Children's and Women's Hospital for the last twenty-three years.

Introduction by: **Donna Orchard**

SUNDAY SERVICE 11:00 AM

MUSIC PRELUDE BEGINS 10:45 AM

All visitors are warmly invited to participate as our guests.

Fairhope Unitarian Fellowship welcomes and embraces people of any age, race, gender identity or expression, sexual orientation, socioeconomic status, ability, language, or cultural background.

TED discussion group 9:45 am. Current Events discussion group 10:15 am

Teen Fellowship 10:00 – 11:00; Children's Fellowship 11:00 – noon

May 28: Last Sunday of the Month Potluck: Bring a dish and join us for fellowship and conversation.

1150 Fairhope Ave., Fairhope, AL 36532. Tel. 251-929-3207

MONTHLY FELLOWSHIP BUSINESS

**FUF Board Did Not Meet
in April**

Fund-Raiser for More Efficient AC

Gwen Snyder is offering half her honey crop for sale to raise funds for programmable thermostats in the Fellowship building. Such new controls will optimize the efficiency of the heating and air conditioning system by *gradually* increasing or decreasing the temperature *before* the a room needs to be at a comfortable temperature, thereby reducing the inefficient strain on the system to quickly accommodate the adjustment. In addition, the bursts of air and noise from the fan that very often occurs during a program will be lessened.

To order Gwen's local Fairhope honey at \$8 per pint (or more if you wish!)
Call Gwen at 928-4311.



May Board Meeting AGENDA

Saturday, May 13, 2017, 1:00 p.m.

1. Approve March 2017 Board meeting minutes
2. Treasurer's Report
3. OLD BUSINESS
 - A. Publicity Committee
 - B. General Assembly – Delegates
4. NEW BUSINESS
 - A. Membership Committee Report
 - B. Building Committee Report – Sound System
 - C. Program Committee Report

To add agenda items, please promptly notify Rodney Hoffman or Ray Ables. Board meetings are open to all friends and members.

Submitted by Ray Ables, Chair

Address Correction for Latest FUF Member List

Please correct Donna Orchard's email address in your list. It should be donnaforchard@gmail.com. (The "f" was missing). The ability to contact our program co-chair is *most* important!

Financial Summary

March, 2017

	March	Actual YTD	Budgeted YTD	Surplus/ (Deficit)
Support and Revenue				
Contributions	4,660	13,261	12,094	1,167
Other Revenue	92	9,022	2,250	6,772
Total Support and Revenue	4,752	22,283	14,344	7,939
Expenses				
Building	1,762	10,692	9,300	(1,392)
Committees	874	2,733	4,200	1,467
Donations	450	852	844	(8)
Total Expenses	3,086	14,277	14,344	67
Net Operating Increase/(Decrease)	1,666	8,006	0	8,006

SOCIAL ACTION COMMITTEE

Nursing Scholarship

SAC met on April 16 and approved a \$500 scholarship for a nursing student for the summer term at Coastal Alabama Community College (formerly Faulkner State Community College.) The scholarship will be awarded to a student from Baldwin County. Now we are looking for some good ideas to raise funds for the scholarship for next fall.

Food Bank

Thanks to everyone who came through with donations of pasta for Ecumenical Ministries Food Bank. Mary Matthews delivered the donations from the basket, and she had to make two trips! We think this is a good problem to have.

Summer Snack for Kids

For May and July we will be collecting snacks for children who will soon be out of school for the summer. Snack foods are expensive, and we hope to help families lessen this expense. We recommend wrapped packets such as peanut butter/cracker snacks or cookies in individual packages. The folks at Ecumenical Ministries said bringing snacks for kids would be wonderful!

Submitted by Lynne Switzky, Committee Chair

MUSIC COMMITTEE

Pre-service Music Etiquette



As Chairman of the Music Committee one of my responsibilities is to provide pre-service music for the fifteen minutes before our program starts each Sunday. This period is meant to be a time to enjoy the music and not a time to chat with others.

I have many talented musicians who volunteer their services and practice many hours to make sure their performance is the best they can do. We close the door to the auditorium at 10:45 and a sign on the door indicates that if you go in you are expected to be silent so everyone can enjoy the music. I ask you to do that very thing when you are in the auditorium for pre-service music, giving the musicians the respect to which they are certainly entitled.

Submitted by Helen Garrett, Committee Chair

Wednesday Night Yoga



Functional Lifestyle Yoga (formerly "Gentle Yoga")

Did you know that Maggie Cunningham, FUF member and YogaFit certified group instructor is also a certified functional training specialist through the Functional Aging Institute and IDEA Fitness? Since becoming a FUF member last year Maggie has generously donated her time and expertise instructing the Wednesday Gentle Yoga class, which now includes the unique Functional Lifestyle Yoga (FLY), a yoga-based fusion class that incorporates the traditional approach to yoga exercise combined with practical activities for continued functional fitness. "Functional fitness," she explains, "simply refers to the ability to continue with the activities of daily living as we age. My focus is to restore these abilities to folks who may have lost some ground in this area, as well as to provide training on how to maintain a functional level of fitness in the future." More info on this is available at the "Functional Aging Institute" website online. The class meets every Wednesday except the first at 6:00 - 7:00 PM. There is no charge for the classes but donations are welcome.

FUF GROUP DETAILS



SUNDAY TED DISCUSSION

The “Ted Talk” group meets every Sunday morning at 9:45 sharp in the room adjacent to the Children’s Classroom. Michael Delaney leads the group and begins each session by suggesting a few short TED talks on various topics for viewing. The group decides which one seems most interesting. The video of the talk then is viewed and an always-interesting discussion follows.

GAME NIGHT

A great way to meet Fellowship members and friends, Game Night meets the second and fourth Saturday of each month at 6:30 p.m. We have a variety of board and card games, and new games are always welcome. New players are invited to learn a game or share one they know. For information contact Pam Perkins – perkinsp947@gmail.com

WEDNESDAY MORNING COFFEE PLUS

Every Wednesday morning, people gather at 10:00 and enjoy coffee and conversation until 11:30. Some bring craft projects and others just come for the pleasure of getting together. There’s no need to sign up...just show up. Everyone is welcome!

FRIDAY NIGHT PICNIC

Although not an official FUF-sponsored event, many of us have enjoyed these get-togethers for many years. We meet at the far north end of the beach around 5:00 and plan to eat around 6:00. (The park closes at dark.) Everyone brings her/his own chair, drinks, plate and utensils, and a dish to share. Now that Daylight Savings Time is back, and the weather should be warm enough, we will resume and go through to the fall, weather permitting. (In the case of light rain, we meet under the pavilion.) Everyone is welcome--membership in FUF is not a requirement

NEWSLETTER

Submit calendar events or articles specific to the Fairhope Unitarian Fellowship by the date noted in the newsletter calendar section. For events, please include all pertinent information. Members and Friends are invited to submit poems, quotations or other brief words of wisdom to be published as space allows.

Provide written copy or email,

“FUF Newsletter” Subject In, to Janef09@gmail.com

EDITOR/PUBLISHER: JANE FINGER

MARK YOUR CALENDAR

Regularly Scheduled Events

Sundays

9:45 – 10:45 TED Discussion Group (Please be on time)

10:00 Teens’ Fellowship

10:15 Current Events Discussion Group

10:45 Pre-program Music

11:00 Sunday Program

Children’s Fellowship

Third Sunday: Social Action Committee, 12:20

Last Sunday of every month: Pot Luck Lunch, noon.

Tuesdays

3:30–4:30 FUF Choir Practice

Wednesdays

10–11:30 UU Coffee Plus

3:00–4:30 Back Porch Folk Singers

5:00 Weekly Bulletin Deadline

6:00 – 7:00 pm FLY Yoga (Except 1st Wed)

Fridays

5:00 Friday Night Picnic at the Park

Other Events

Thu, May 4: Nonfiction Book Group, 9:30 am

Sat, May 13: FUF Board meeting, 1:00 pm
Game night, 6:30 pm

Thu, May 18: Nonfiction Book Group, 9:30 am

Mon, May 22: May Newsletter deadline, 5:00 pm

Sat, May 27: Game night, 6:30 pm

PIANO RECITAL

Sunday, May 7, at 3:00 PM.

Featuring contemporary composers as well as works by Bach, Beethoven, Chopin, Schumann, Shostakovich, Kuhlau and Liszt, the Baldwin County Music Teachers Association will present their senior piano students in a formal recital at the Fairhope Unitarian Fellowship. Five students representing the studios of Tammy Dennis and Vincentine Williams will perform three pieces each. A reception will follow the program. The public is cordially invited to attend this afternoon of music.

SUNDAY BULLETIN DEADLINE

Wednesday at 5:00 pm is the deadline for information to be included in the weekly bulletin. Submit to Mary Matthews.